

Warm Springs

Rehabilitation System



The Springs

A Residential Brain Injury Program



“Although the world
is full of suffering,
it is also full of the
overcoming of it.”

- Helen Keller

INDIVIDUALIZED CARE

THE SPRINGS RESIDENTIAL BRAIN INJURY PROGRAM

The Springs is licensed in the state of Texas as an assisted living facility. We offer a residential brain injury program designed for individuals with challenging medical, physical and/or behavioral problems. Individualized programs are developed in conjunction with licensed therapists and administered by experienced residential staff to help improve skills and maximize quality of life.



MEET JIM

The reason we exist.

“I first met Jim in 2001. He was getting around with a rolling walker and wore extensive bracing on both legs. He bent over when he walked due to back pain, and you couldn’t even tell that he was a tall man. Jim would get easily fatigued and need assistance with walking. We created a treatment plan that included back strengthening exercises that The Springs staff did every day with Jim. Once he started getting stronger in his trunk, the pain decreased, and we were able to decrease the length of his leg brace on one side. Jim started walking more upright with the walker, which is when we could really appreciate his height!

Eventually, Jim was able to progress to a hemi-walker with gait and then onto a quad cane. It was Christmas 2004 when the staff of The Springs told me that Jim had something to show me. Little did I know that my Christmas present that year would be witnessing Jim walking across the room without a walker or a cane; something he had not done in years since his brain injury. Jim continues to progress with his walking and rarely uses a wheelchair anymore. His recent accomplishments include learning to dribble a basketball while walking. Jim is a living testament to the power of hard work and the human spirit. I use Jim as an example to my PT students to never give up on a patient.”

- Steve Spivey, PT

FAMILY ENVIRONMENT

Some residential programs may say this, but at The Springs we can prove it. We have staff that have been at The Springs for over 14 years. They work hand in hand with our residents and grow with them over the years. Our team of professionals develops the trust of our residents and their families and guardians. We believe we have earned the right to say we truly are a family environment.



OUR TRAINED DEDICATED BRAIN INJURY TEAM FOCUSES ON ENHANCING:

- Physical fitness and emotional state
- Social and behavioral development
- Home and community mobility
- Communication and cognitive skills
- Strategies for independent living

SPECIALIZED TREATMENT

- Structured activity programs with computer/internet access
- Behavior management for verbal and/or physical aggression
- Medication administration/supervision
- Bladder and/or bowel incontinence care
- Bladder and bowel training programs
- Catheter care (condom, indwelling and suprapubic)
- Medication injections
- Respiratory treatments
- Special/therapeutic diets
- Gastrostomy use and management
- Colostomy, ileostomy and urostomy care and management
- Wound care
- Prosthetics/orthotics
- Specialized outpatient services
 - Physical therapy
 - Occupational therapy
 - Speech/language pathology
 - Respiratory therapy
 - Lab
 - Radiology
 - Wound care
 - Registered dietitian
 - Aquatic therapy



IMPORTANT PROGRAM FACTS

- Focusing on residents, 18 and up with brain injuries and stable medical conditions
- Residents have typically completed an acute inpatient rehabilitation program as offered at Warm Springs Rehabilitation Hospital in San Antonio, or may have completed a post-acute treatment program
- A physician oversees the clinical program and sees the residents as needed.
- A licensed neuropsychologist is available for assessments and treatment plans.
- Direct care staffing is 1:4, comprised of CNA's
- Life Skills Technicians and Life Skills Specialists are on site 24 hours a day with 24 hour on call nursing staff, provided by the Warm Springs Specialty Hospital of Luling.
- RN supervises unlicensed staff for all nursing functions including medication administration, breathing treatments and other specialized care and is responsible for all training and supervision of nursing functions.
- Licensed professional counselor on call 24 hours a day and on site several days per week.
- Stable ventilator residents are evaluated on a case by case basis. Acute vent weaning is available at the Warm Springs Specialty Hospitals in Luling and Victoria.

BEAUTIFUL, HEALING ENVIRONMENT

The Springs' complex is located near scenic Palmetto State Park on a beautiful, rural campus only 9 miles from Luling and its parent facility, Warm Springs Specialty Hospital of Luling. The close proximity to medical and therapy services allows The Springs to offer all the high tech medical care our residents may need while allowing a smooth transition from the hospital or nursing-based treatment settings. This unique setting also provides numerous opportunities for therapeutic recreation activities including fishing, camping, canoeing and group or family outings.

The Springs combines the best of both worlds to bridge the gap that exists between hospital and community-based care.

AN INNOVATIVE PROGRAM

Community and recreational outings, activity programs and other innovative treatment approaches are designed to provide structure and consistency in daily living, while stressing community access and community re-entry.



To further enhance the program, outpatient services are available and can be added from a team of clinicians that includes a physical medicine and rehabilitation physician, neurologist, neuropsychologist, internist, physical and occupational therapists, speech language pathologists, respiratory therapists, nurses and dietitians.

We work closely with families, physicians specializing in Lifecare Planning, Trust Officers, Attorneys and Guardians to ensure that all future needs of the brain injured patient are identified and provided in a safe residential environment that focuses on continually reaching new milestones of improvement.

FOR MORE INFORMATION

or to schedule a tour,
Please call Warm Springs at 830.875.8400



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