Warm Springs Rehabilitation Hospital of Westover Hills
10323 State Highway 151
San Antonio, Texas 78251
Main 210 - 581 - 5306
Central Referral Line 210 - 592 - 5350
Admissions Direct 210 - 581 - 5312
Admissions Fax 210 - 581 - 5387

Our Comprehensive Rehabilitation Services Include Treatment For:
- Amputations
- Neurological Disorders including Stroke, Brain Injury and Spinal Cord Injury
- Burns
- Complex Medical Conditions
- Orthopedic and Other Degenerative Joint Conditions
- Osteoporosis
- Pain
- Pediatric Rehab Services
- Pulmonary and Cardiac Conditions
- Neurological Movement Disorders

Our Specialty Services Include Physical, Occupational and Speech Pathology Services as Well As:
- Amputee Clinic
- Aquatic Therapy
- Balance/Vestibular
- Brain Injury
- Hand Therapy
- Hyperbaric Medicine
- Lymphedema Care
- Neuropsychology
- Prenatal and Post Partum Physical Therapy
- Sensory Integration
- Spasticity Management
- Specialized Seating Clinic
- Stroke Program
- Respiratory Therapy Services
- Onsite Laboratory and Pharmacy Services
- Radiology Services and Swallow Studies
- Ventilator Weaning
- Wound Care

Comprehensive Wound Care and Hyperbaric Medicine
Inpatients and Outpatients receive care from professional staff trained to provide a specialized course of treatment to assist in healing problem wounds. During your course of treatment, our specialized wound care physicians and staff will work with your primary physician to assure complete continuity of all your medical services.

Treatment(s) May Include:
- Pulmonologists
- Infectious Disease Physicians
- Psychiatrists
- Pain Management Physicians
- Nephrologists
- Orthopedists
- Neurologists
- Internal Medicine Physicians
- Wound Care Physicians
The Veterans Center of Excellence represents Warm Springs commitment to the development of rehabilitation services designed to meet the rehabilitation needs of active duty military, veterans and their family members. You have a choice when seeking quality rehabilitation services and Warm Springs provides that care with professionalism, passion with the goal of facilitating the best possible outcomes. We strive to provide care that moves the veteran toward functional independence and successful return to their community and home. Our Military Advisory Council consists of veterans who understand the unique needs of the military patient and their families. Some have experienced the programs Warm Springs offers and through their trials and success help to guide the continuing development of the services offered by the Warm Springs VCE.

LEADERSHIP

Medical Center: Medical Director, Alex Wilingham, MD
Physician Medicine & Rehabilitation

Thousand Oaks: Medical Director, William Janes, MD
Physical Medicine & Rehabilitation

Neurology Program Medical Director: David Alman, MD
Neuropsychology Program Directors: Gilbert Martinez, PhD & Douglas Cooper, PhD

TECHNOLOGY

Specialized Equipment:
• Biodex Balance System - unique fall risk assessment and training
• Biodex Unweighting System - enables partial-weight therapy

Communication:
• High-speed internet with secure WiFi
• Lap top computer
• Face time messaging
• Skype

CONTACT

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Director of Veterans Affairs
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Juan A. “Tony” Fuentes
US Army (Vietnam Veteran)
Veterans Liaison
Certified Peer to Peer Facilitator
Call 210-327-8992
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CENTER OF MANAGEMENT OF COMPLEX ACUTE CARE

The Center’s strategic goals are to:
• Understand how the management of care is affected when patients have multiple acute and chronic physical and mental conditions. Evidence based research recommendations are utilized to provide guidelines in the overall care and management of our veterans and family members.
• Provide coordination of care within an acute rehab healthcare system that services all Veterans and families with Tricare, VA, Medicare, Medicaid, and others with simple to complex acute and or chronic conditions.
• Assess the use of patient self-management and behavioral interventions as a means of improving outcomes for veterans with complex acute physical and mental conditions.
• Identify and address healthcare provider and system level factors that affect management of patients with complex acute rehab conditions.
• Identify, assess, and compare the effectiveness of innovative rehab strategies and technologies for improving the care of patients with complex acute conditions.

The Veterans Center of Excellence (VCE) is the lead advocate for treatment and research for advanced rehabilitation care and restorative innovations for service members and their families. Working with TRICARE Military Health System, Veterans Health Administration and other government payer sources. The Veterans Center of Excellence will lead efforts to augment access to care, enhance collaboration between the Department of Defense (DOD) and the Department of Veterans Affairs (VA) care providers. With goals of providing guidance for clinical practice, while maximizing patient centered rehab support that is very close to San Antonio Medical Center (SAMMC).

OUR MISSION

To continuously improve the health and quality of life for members of the Armed Forces, Veterans and their families through advocacy and leadership in the development of initiatives focused on the prevention, diagnosis, mitigation, treatment and rehabilitation of acute and chronic disorders mind and body.

SERVICES

Warm Springs Rehabilitation System has been caring for patients for over 75 years. What began as a polio treatment center has evolved into a multi-state network of hospitals and outpatient clinics that specializes in post acute care services. Patients with amputations, life threatening wounds, brain injury, pain management issues, orthopedic, pulmonary, spinal cord injuries and strokes benefit from rehabilitation. The Warm Springs team of Physical Medicine and Rehabilitation (PM&R) physicians are among the finest in the country and have been providing excellent care to Warm Springs patients for over 20 years. Additional physician specialists are part of the care team and available as needed for optimal care.

In addition to medical management our Therapy Services include: Physical Therapy, Speech Language Pathology, Occupational Therapy, Neuropsychology, Respiratory Therapy, Rehabilitation Nursing, & Case Management.

“After my stroke, I couldn’t stand or walk. The therapists at Warm Springs encouraged me and even used a service dog as part of my recovery. I thought that was a brilliant way to incorporate real life with therapy. I’m now walking without assistance and taking 5 mile hikes with my wife”.

Roger Parsons, Lt. Col (US Army Retired)

After a very complicated aortic valve replacement surgery, I suffered multiple strokes and a global emboli shower. My Husband tells me that in the days that followed, all hope of even a partial recovery seemed hopeless. Following 14 days in CCU and a glimmer of hope... I was transferred to Warm Springs. My days there were filled with loving compassion and total optimism. Thanks to a determined team of highly motivated compassionate professionals, I was skillfully directed to a path of almost complete recovery. I truly appreciate the efforts made to re-teach me lost skills and help me back to Life’s Wonderful Journey... The Graces of God and the ‘Team’ at Warm Springs gave me my ‘Life’ back.

San Landry

After many days of emotional, prayerful hope... I was told by a physician that I was holding on to ‘false hope’ for even a partial recovery for my Wife. An undeniable Miracle... and the wonderful staff at Warm Springs gave me my Wife... and my ‘Life’ back... Words cannot describe how grateful I am for the compassionate care and optimistic attitude of the physician staff, therapists and nursing personnel there... I will be eternally grateful. Our ‘Journey’ continues... ‘One Day at a Time’

Al Landry, Lt. Col (US Army Retired)

Aboard a Stryker vehicle in Baghdad, an IED explosion resulted in a brain injury. After multiple craniotomies Sergeant Boothby admitted to Warm Springs where he worked hard to recover. “I loved the one on one therapy that I received at warm springs. They made me work hard and it paid off.”

Michael Boothby, Sergeant (US Army Retired)

While doing tactical maneuvers in an armored vehicle in Afghanistan, an IED blast resulted in a double leg amputation. Sergeant Jardine was an inspiration to everyone who knew him. He pressed on each day with the dedication of a well trained soldier. With renewed strength and drive to get better and he did just that! After 20 years of service, Sergeant Jardine is retired and Enjoying life with his wife and 4 children.

Michael Jardine, Sergeant First Class (US Army Retired)